

Rossdale Ukrainian Dance School
2021-2022 COVID-19 Policies and Procedures

Updated Jan 2022

Rossdale Ukrainian Dance School is looking forward to welcoming all of our dancers for the 2021-2022 dance season. In order to proceed with rehearsals in as safe a manner as possible, the following policies and procedures are being implemented.

These policies and procedures have been put in place to help ensure the health and safety of our dancers, instructors, and their extended families. They reflect our best effort at this time, and are subject to change based on updated guidelines from the provincial and federal health authorities. We thank you for your support and cooperation as we implement these policies to protect the Rossdale family.

Self-Assessment

- Every family must self-assess before bringing their child(ren) to rehearsal each week. Please use the attached self-assessment checklist.
- If anyone in the home has travelled outside of Manitoba in the previous 14 days and is required to self-isolate, or if someone in the household travels outside of Manitoba regularly for work, please contact the Board of Directors to discuss.
- If ANYONE in the home is sick, feeling even a little unwell, PLEASE STAY HOME and email rossdaledancers@gmail.com so that your child's instructors can be informed of their absence and the attendance sheet can be updated.
- In the event that your child has been sick with a respiratory illness, please do not send your child to rehearsal until their symptoms have been resolved for at least 24 hours, per Manitoba Health guidelines.
- For more information, please see the Government of Manitoba's COVID-19 page at <https://manitoba.ca/covid19/fundamentals/focus-on-the-fundamentals.html>

Proof of Vaccination

- Proof of **full vaccination** for all persons aged 12 and older (including dancers, instructors, and parents/guardians) will be required to enter the facility.
- This policy fulfills the General COVID-19 Prevention Order (dated December 27, 2021) issued by the Province of Manitoba requiring all indoor sporting and recreational facilities (including dance schools) to require proof of vaccination.
- The requirement for proof of vaccination will be waived for persons who produce proof from the Government of Manitoba that there is a medical reason for the person not to receive a vaccine for COVID-19.

Entrances and Exits

- Parents are asked to drop off and pick up their children promptly at the assigned door only. Children will not be allowed to enter the building early or wait in the building after their class.
- Parents may not enter or wait in the building during classes. Rossdale volunteers will meet the children at the doors and escort them to and from their classes.
- Hand sanitizer will be provided to all dancers upon entrance.
- Dancers will have their temperature taken upon entrance to the facility using a non-contact, Health Canada – approved thermometer. If a dancer registers a temperature of 38°C or higher, they will be isolated from other dancers and their parents contacted to pick them up.

Classes & Dancer Expectations

- As is our normal practice, attendance will be recorded at the start of every class. The attendance list will serve as a contact tracing list for Public Health in the event of a positive case.
- High-touch surfaces will be sanitized between classes.
- Dancers must bring their own water bottles, and bring enough water to last the entire practice.
- Parents are asked to please review social distancing guidelines, proper hand hygiene, and cough etiquette with dancers prior to classes, and to encourage dancers to be aware of their personal space during rehearsals.
- Students should keep their personal belongings to themselves.
- Instructors may enter dancers' space to correct positions/movements. Instructors will wash/sanitize hands regularly.

Masks

- Any parent who must enter the building must wear a non-medical mask at all times.
- All dancers age 5 and up must wear a non-medical mask at all times while in the building, including during classes.
- Per the current public health orders, the above do not apply with respect to the following:
 - Children under the age of 5
 - a person with a medical condition that is unrelated to COVID-19, including breathing or cognitive difficulties, or a disability, that prevents them from safely wearing a mask
 - a person who is unable to put on or remove a mask without the assistance of another person
 - a person who needs to temporarily remove their mask while in the indoor public place for the purpose of (i) receiving a service that requires the removal of their mask, (ii) consuming food or drink, (iii) an emergency or medical purpose, or (iv) establishing their identity
- Instructors will provide frequent water breaks so that dancers have several opportunities to briefly take off their masks during their class.
- A limited supply of disposable masks will be kept at the facility in the event that a dancer or instructor needs one.

In Case of Onset of Illness at Rehearsal

- Any person (child or adult) who exhibits new signs of illness while at rehearsal will be isolated from others. Their family will be contacted to come pick them up immediately.
- Any person who lives in the same household as the person exhibiting symptoms will also be isolated at that time, and will need to leave rehearsal.

Gathering Limits and Virtual Classes

- The Board of Directors will monitor the indoor gathering limits mandated by the province.
- In the case that government regulations change and in-person rehearsals are no longer possible, Rossdale will move to virtual classes. Further information on virtual classes will be provided at that time.

If your child(ren) will be absent from dance class for any reason, please contact rossdaledancers@gmail.com to report their absence.